

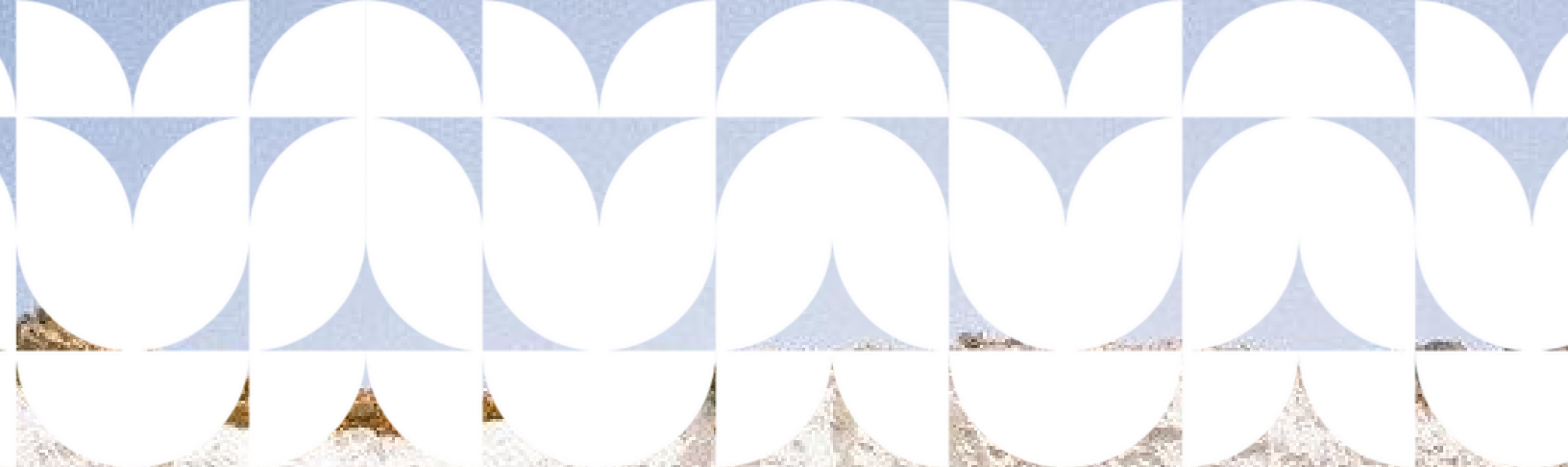
Soma Retreat

Andros, Greece.



Sep 21st - 26th, 2026





A Creative Exploration of the Senses.

Held by the beauty of the Island, and our uniquely curated sessions, you're invited to respark your creativity and rediscover your voice through the vibrant flavours, culture, and rhythms of Andros. We explore new ways of expressing what lives within.

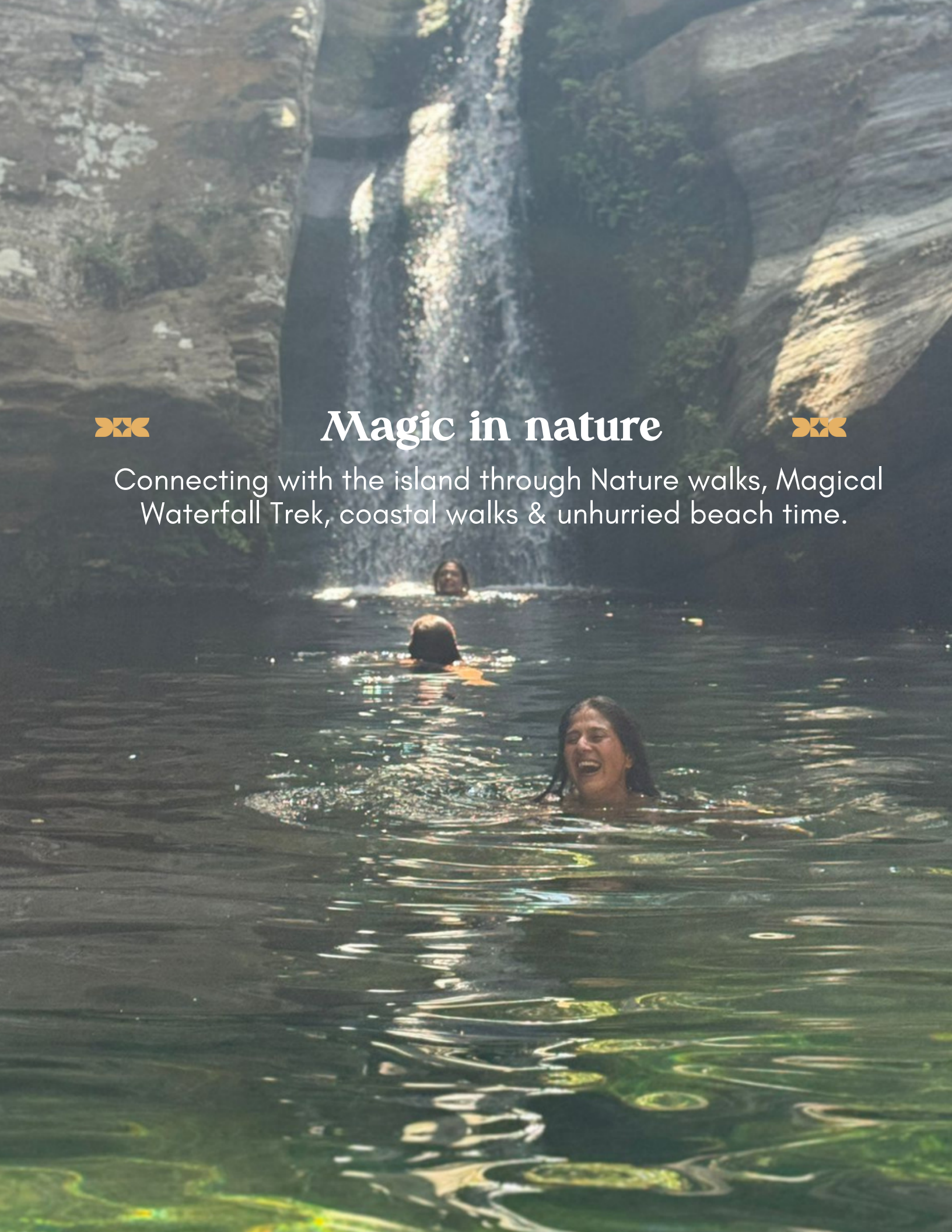




Magic in nature



Connecting with the island through Nature walks, Magical Waterfall Trek, coastal walks & unhurried beach time.





xxx Scent and Botanical Alchemy xxx

Crafting your own essential oil blends with Local Herbs



Table & Taste



Shared local meals, village living paired with nourishing
Brunches crafted by our private chef.



A woman with dark hair, wearing a blue sleeveless top and a necklace, is seated at a wooden table, focused on painting a watercolor landscape. She is using a brush to apply paint to a piece of paper that already has some yellow and orange washes. The table is cluttered with art supplies: a palette with various colors, tubes of paint, a glass of water, a glass of orange juice, and some crumpled paper. In the background, there are other people and a white chair, suggesting a workshop or class setting.

Colour your World

Intuitive painting, playing with colour, beach
mandalas, art journaling



Sea Awakening



Morning yoga & guided meditation by the water.

Stay at Seaside Luxury Villa



Stay at Seaside Luxury Villa





Anam Cara Ritualist- Natasha Mahindra

Natasha Mahindra is a certified yoga therapist, chakra healer, and founder of Anam Cara Retreats. With over 15 years of experience and training in Ashtanga and Hatha Vinyasa, she blends yoga with dance, sound, ritual, and holistic healing practices.

She curates intimate, nature-led retreats across the world from India to Greece, Portugal, and beyond.

To her, yoga is a way of life about shedding masks, embracing the shadow, and experiencing the unseen within.



The Heartist- Gaurika Noor

An Expressive artist and Intuitive art therapy practitioner. Gaurika holds space with warmth and presence, guiding you inward. as part of the Anamcara Family, she will be co hosting and facilitating, to ensure all experience a graceful journey of connection, flow, and renewal.



Package cost

5 Nights & 6 Days

Brunch & Dinner

All creative sessions

Beach & waterfall adventures

Discovering the town of Chora

Exploring Local Food & restaurants

All internal transport

Shared Room:

1,60,000/-

Single Room:

2,00,000/-



**anam
cara**



www.anamcararetreats.in

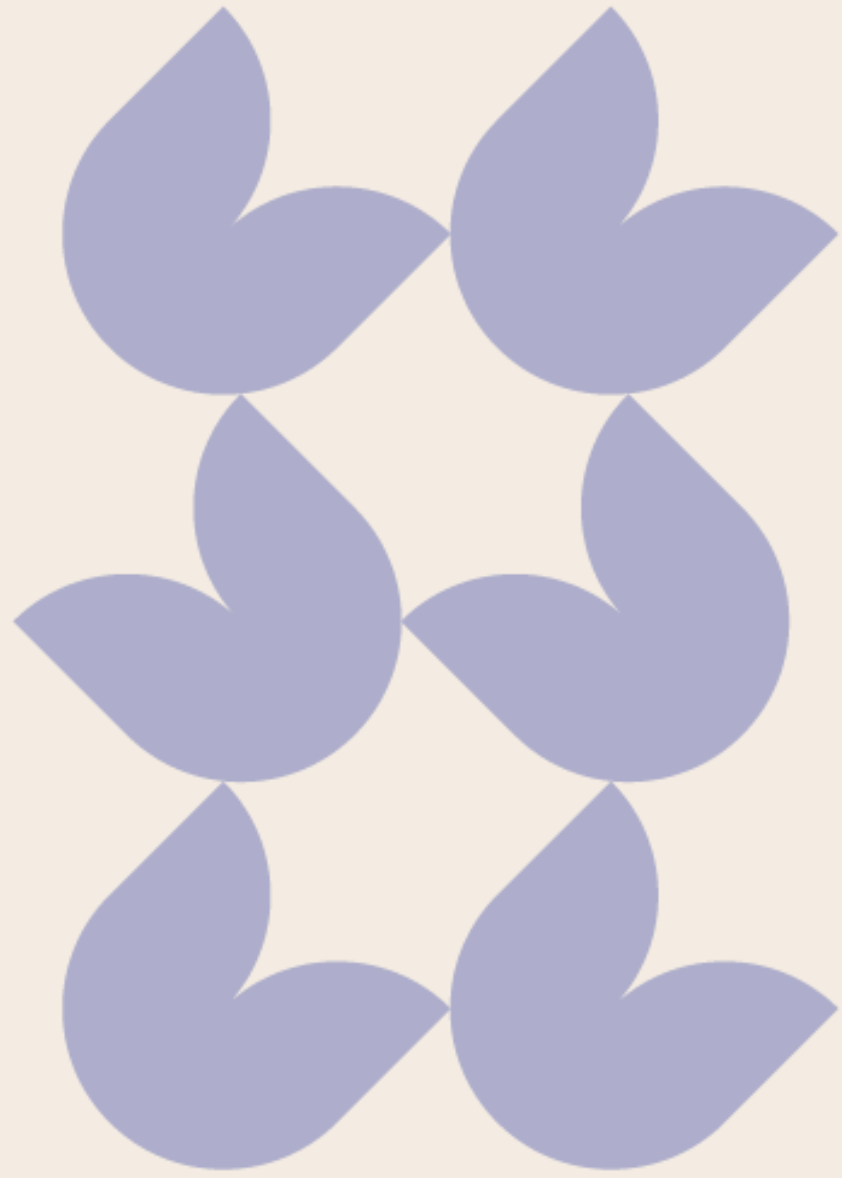


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